

# Thermodynamics of hadrons using the Gaussian functional method in the linear sigma model

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We investigate thermodynamics of hadrons using the Gaussian functional method (GFM) at finite temperature. Since the interaction among mesons is very large, we take into account fluctuations of mesons around their mean field values using the GFM. We obtain the ground state energy by solving the Schrödinger equation. The meson masses are obtained using the energy minimization condition. The resulting mass of the Nambu-Goldstone boson is not zero even in the spontaneous chiral symmetry broken phase due to the non-perturbative effect. We consider then the bound state of mesons using the Bethe-Salpeter equation and show that the Nambu-Goldstone theorem is recovered. We investigate further the behavior of the meson masses and the mean filed value as functions of temperature for the cases of chiral limit and explicit chiral symmetry breaking.

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### 1. Introduction

The linear sigma model is often used to discuss chiral symmetry breaking and the appearance of Nambu-Goldstone (NG) bosons in the mean field approximation. The interaction among mesons, however, is very large, and hence the fluctuations of mesons around their mean field values should be included. We use the Gaussian functional (GF) method [1] as a non-perturbative many body theory. The ground state energy is obtained by solving the Schrödinger equation with the trial Gaussian wave functional in the GF method. The gap equations for the field vacuum expectation values and the dressed masses are determined by the minimization condition of the energy. This procedure is equivalent to the Hartree-Fock approximation for bosons. The resulting mass (we call it the dressed mass) of the Nambu-Goldstone boson is, however, not zero, even the chiral symmetry is spontaneously broken in the chiral limit. This problem was studied by several authors in the GF framework [2, 3]. In order to recover the Nambu-Goldstone theorem, we have to solve the Bethe-Salpeter (BS) equation. The masses determined by the BS equation are called the physical masses. This fact corresponds to the recovery of the translational invariance for nuclear many-body systems using the Random Phase approximation (RPA) after the Hartree-Fock approximation.

In this paper we shall study hadron properties at finite temperature using the BS equation after solving the GF equations. We show the physical mass spectra for sigma and pion at finite temperature for the two cases of the chiral limit and the explicit chiral symmetry broken. The physical sigma meson mass is fixed at 500 MeV in both cases at zero temperature. The physical pion mass stays zero in the chiral symmetry breaking phase in the chiral limit and 138 MeV in the explicit breaking case until the phase transition temperature. When the chiral symmetry is restored, these masses suddenly jump and coincide with the dressed masses.

## 2. The linear sigma model in the Gaussian functional method

We start from the O(4) symmetric linear sigma model

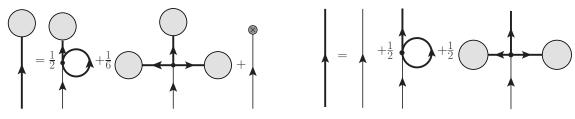
$$\mathcal{L} = \frac{1}{2} (\partial_{\mu} \boldsymbol{\phi})^2 + \frac{1}{2} \mu_0^2 \boldsymbol{\phi}^2 - \frac{\lambda_0}{4} (\boldsymbol{\phi}^2)^2 + \varepsilon \sigma, \tag{2.1}$$

where the fields are denoted as the column vector  $\boldsymbol{\phi}=(\phi_0,\phi_1,\phi_2,\phi_3)=(\boldsymbol{\sigma},\boldsymbol{\pi})$ . The parameters in the Lagrangian are the mass  $\mu_0$  and the coupling constant  $\lambda_0$ . The explicit chiral symmetry breaking term can be expressed as  $\varepsilon \boldsymbol{\sigma}$ . We discuss both cases of the chiral limit  $\varepsilon \to 0$  and the explicit chiral symmetry breaking  $\varepsilon=1.86\times 10^6$  MeV<sup>3</sup>, which is determined to reproduce the physical poion mass as 138 MeV. The Gaussian functional method (GFM) can take into account radiative corrections of meson loops. We use the following Gaussian ground state wave functional ansatz:

$$\Psi[\boldsymbol{\phi}] = \mathscr{N} \exp\left(-\frac{1}{4\hbar} \int d\boldsymbol{x} d\boldsymbol{y} [\phi_i(\boldsymbol{x}) - \langle \phi_i(\boldsymbol{x}) \rangle] G_{ij}^{-1}(\boldsymbol{x}, \boldsymbol{y}) [\phi_j(\boldsymbol{y}) - \langle \phi_j(\boldsymbol{y}) \rangle]\right), \tag{2.2}$$

where  $\langle \phi_i \rangle$  is the vacuum expectation value of the *i*-th field, and we define

$$G_{ij}(\mathbf{x}, \mathbf{y}) = \frac{1}{2} \delta_{ij} \int \frac{d^3 \mathbf{k}}{(2\pi)^3} \frac{1}{\sqrt{\mathbf{k}^2 + M_i^2}} e^{i\mathbf{k} \cdot (\mathbf{x} - \mathbf{y})}, \tag{2.3}$$



- (a) One-point Schwinger-Dyson equation
- (b) Two-point Schwinger-Dyson equation

**Figure 1:** The diagramatic representation for one- and two-point Schwinger-Dyson equation. The thin solid line denotes the bare meson fields, the bold solid line is the dressed meson fields, the shaded blob together with the bold line is the vacuum expectation values of the field, and the solid dot in the interaction of the four lines denotes the bare four-point vertex. The diagrams are explicitly multiplied by their symmetry factors.

where  $M_i$  is the "dressed" mass of the  $\sigma$  meson (denoted by  $M_0 = M_{\sigma}$ ) and the  $\pi$  meson ( $M_{1,2,3} = M_{\pi}$ ). The ground state energy is defined as

$$\mathscr{E}(M_i, \langle \phi_i \rangle) = \int \mathscr{D} \boldsymbol{\phi} \Psi^* [\boldsymbol{\phi}] \mathscr{H} [\boldsymbol{\phi}] \Psi [\boldsymbol{\phi}], \tag{2.4}$$

where the Hamiltonian  $\mathcal{H}$  is defined by the Lagrangian (2.1) through the Legendre transformation. The variational parameters  $\langle \phi_i \rangle$  and  $M_i$  are determined by the energy minimization condition,

$$\left(\frac{\partial \mathscr{E}(M_i, \langle \phi_i \rangle)}{\partial \langle \phi_i \rangle, M_i}\right)_{\min} = 0, \text{ for } i = 0...3,$$
(2.5)

which is equivalent to the one- and two-point Schwinger-Dyson euqations, shown in Fig 1. The condition (2.5) leads to the mean field values and the dressed masses as

$$\langle \phi_0 \rangle = \nu, \quad \langle \phi_i \rangle = 0 \text{ for } i = 1, 2, 3$$
 (2.6)

$$\mu_0^2 = -\frac{\varepsilon}{v} + \lambda_0 \left[ v^2 + 3I_0(M_\sigma) + 3I_0(M_\pi) \right], \tag{2.7}$$

$$M_{\sigma}^2 = \frac{\varepsilon}{v} + 2\lambda_0 v^2,\tag{2.8}$$

$$M_{\pi}^{2} = \frac{\varepsilon}{v} + 2\lambda_{0} \left[ I_{0}(M_{\pi}) - I_{0}(M_{\sigma}) \right], \tag{2.9}$$

where the loop integration,

$$I_0(M_i) = \frac{1}{2} \int_0^{\Lambda} \frac{d^3 \mathbf{k}}{(2\pi)^3} \frac{1}{\sqrt{\mathbf{k}^2 + M_i^2}}$$
 (2.10)

and the momentum cutoff  $\Lambda$  have been introduced. Although the pion mass  $M_{\pi}$  should be zero, when the chiral symmetry is broken in the chiral limit, it is finite due to the non-perturbative loop correction (see Eq. (2.9)). We cannot identify the "dressed" pion as the NG boson.

## 3. The Bethe-Salpeter equation

The Physical mass can be obtained by solving the Bethe-Salpeter equation. The diagramatic expression is shown in Fig. 2. The single channel Bethe-Salpeter equation of the  $\sigma$ - $\pi$  scattering

gives the physical pion mass  $m_{\pi}$  and the coupled-channels of  $\sigma$ - $\sigma$  and  $\pi$ - $\pi$  scatterings give the physical  $\sigma$  mass  $m_{\sigma}$ . We show the result of the physical masses  $m_{\sigma,\pi}$  as a function of the dressed

$$T = V + V T$$

(a) The Bethe-Salpeter equation with the T-matrix and the interaction kernel.

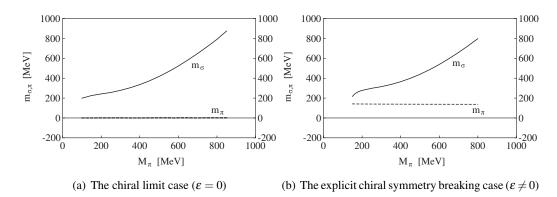
(b) The interaction kernel entering the Bethe-Salpeter equation. The shaded blob together with the bold line is the vacuum expectation value of the field.

**Figure 2:** The diagramatic expression of the Bethe-Salpeter equation. All lines represent the dressed fields. The physical mass is obtained from the pole of the T-matrix.

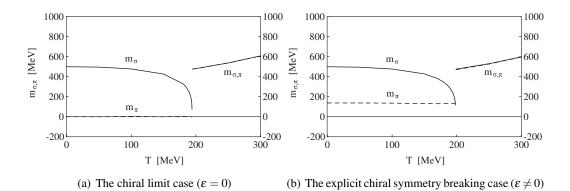
pion mass  $M_{\pi}$  in the chiral limit in Fig. 3(a), and the explicit breaking case in Fig. 3(b). The Nambu-Goldstone theorem is always fulfilled in the chiral limit for any value of the dressed pion mass  $M_{\pi}$ . In the explicit symmetry breaking case  $\varepsilon \neq 0$ , the physical pion mass is fixed at  $m_{\pi} = 138$  MeV.

## 4. Thermodynamics of hadrons in the GFM+BS scheme

In this section we discuss the mass spectra at finite temperature. The parameters of this theory are fixed to reproduce the pion mass which is zero in the chiral limit and 138 MeV in the symmetry breaking case, the pion decay constant  $f_{\pi} = 93$  MeV and the sigma meson mass  $m_{\sigma} = 500$  MeV at zero temperature. The result is shown in Fig. 4. The physical pion mass  $m_{\pi}$  stays at zero or 138



**Figure 3:** The physical masses  $m_{\sigma}$  and  $m_{\pi}$  as a function of the dressed pion mass  $M_{\pi}$ .



**Figure 4:** The physical masses  $m_{\sigma}$  and  $m_{\pi}$  as a function of temperature.

MeV until the critical temperature  $T_c$ , which means that the chiral symmetry is spontaneously broken. The masses suddenly jump and coincide with each other above  $T_c$ , since the chiral symmetry is restored. By solving the Bethe-Salpeter equation, we can see that the physical masses coincide with the dressed masses when the chiral symmetry is restored ( $v \rightarrow 0$ ). This behavior suggests that the physical states are bound states of the dressed mesons in the symmetry broken phase, and the physical states become the dressed mesons in the symmetric phase.

## 5. Summary

We have investigated the meson mass spectra at finite temperature using the Gaussian functional method with the Bethe-Salpeter equation in the linear sigma model. The Nambu-Goldstone theorem is fulfilled in this scheme, which is explicitly shown in this study. We discuss the thermodynamical properties of the mesons. The physical states can be considered as the bound states of the dressed mesons in the chiral symmetry broken phase.

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