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Challenges in supersymmetric cosmology

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We discuss the possibility that inflation is driven by supersymmetry breaking with the superpartner of the goldstino (sgoldstino) playing the role of the inflaton and charged under a gauged U(1) Rsymmetry. Imposing a linear superpotential allows to satisfy easily the slow-roll conditions, avoiding the so-called η -problem, and leads to an interesting class of small field inflation models, characterised by an inflationary plateau around the maximum of the scalar potential near the origin, where R-symmetry is restored with the inflaton rolling down to a minimum describing the present phase of the Universe. Inflation can be driven by either an F- or a D-term, while the minimum has a positive tuneable vacuum energy. The models agree with cosmological observations and in the simplest case predict a rather small tensor-to-scalar ratio of primordial perturbations. We propose a generalisation of Fayet-Iliopoulos model as a microscopic model leading to this class of inflation models at low energy. Upon coupling the inflaton sector to the (supersymmetric) Standard Model, we examined decay modes of the inflaton, with the resulting reheating temperature around 10^8 GeV.

7th Symposium on Prospects in the Physics of Discrete Symmetries (DISCRETE 2020-2021) 29th November - 3rd December 2021 Bergen, Norway

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1. Introduction

A fundamental theory of Nature, such as string theory, should be able to explain at the same time particle physics and cosmology, which are phenomena that involve very different scales from the smallest microscopic four-dimensional (4d) quantum gravity length of 10^{-33} cm to the largest macroscopic distances of the size of the observable Universe $\sim 10^{28}$ cm, spanned a region of about 60 orders of magnitude. In particular, besides the 4d Planck mass, there are three very different scales with very different physics corresponding to the electroweak scale, dark energy and inflation. An interesting possibility is that these scales are related by the dynamics of an underlying fundamental theory, such as string theory. A first step towards this goal is to study possible connections between the electroweak scale of the Standard Model or its possible extension (such as the supersymmetry breaking scale) with that of inflation. An additional constraint would be to impose at the electroweak vacuum the presence of a tiny tuneable cosmological constant in order to accommodate the observed dark energy, without necessarily trying to explain it. Indeed, despite the absence of evidence of lowenergy supersymmetry at colliders, it is likely theoretically that supersymmetry plays a role at some more fundamental level. On the other hand, inflation is an attractive paradigm for cosmology but the associated models provide a phenomenological description leaving several unanswered questions, such as the origin of the inflaton field, its fundamental or composite nature and its connection to the rest of particle physics.

Inflationary models in supergravity¹ suffer in general from several problems, such as fine-tuning to satisfy the slow-roll conditions, large field initial conditions that break the validity of the effective field theory, and stabilisation of the (pseudo) scalar companion of the inflaton arising from the fact that bosonic components of superfields are always even. The simplest argument to see the fine tuning of the potential is that a canonically normalised kinetic term of a complex scalar field X corresponds to a quadratic Kähler potential $\mathcal{K} = X\bar{X}$ that brings one unit contribution to the slow-roll parameter $\eta = V''/V$, arising from the e^K proportionality factor in the expression of the scalar potential V. This problem can be avoided in models with no-scale structure where cancellations arise naturally due to non-canonical kinetic terms leading to potentials with flat directions (at the classical level). However, such models require often trans-Planckian initial conditions that invalidate the effective supergravity description during inflation. A concrete example where all these problems appear is the Starobinsky model of inflation [2], despite its phenomenological success.

In [4], we proposed a class of models that avoiding all three problems above in which the inflaton is identified with the superpartner of goldstino², in the presence of a gauged R-symmetry. Indeed, the superpotential in this case is linear and cancels exactly the big contribution to η described above. Since inflation takes place at a plateau around the maximum of the scalar potential (hill-top) no large field initial conditions are needed. The pseudo-scalar companion of the inflaton is eaten by the R-gauge field that becomes massive, leaving the inflaton as a single scalar degree of freedom present in the low-energy spectrum. As we will show below, this model provides therefore a minimal realisation of natural small-field inflation in supergravity, compatible with present observations. Moreover, it allows a realistic minimum describing our present Universe with an infinitesimal positive vacuum energy arising due to a cancellation between an F- and D-term

¹For reviews on supersymmetric models of inflation, see for example [1].

²See [3] for earlier works relating supersymmetry and inflation.

contributions to the scalar potential, without affecting the properties of the inflationary plateau, along the lines of Refs. [5], [6] and [7].

In the model we discussed above, the D-term has a constant FI contribution but plays no role during inflation and can be neglected, while the pseudoscalar partner of the inflaton is absorbed by the $U(1)_R$ gauge field that becomes massive away from the origin. Recently, a new FI term was proposed [8] that has three important properties: (1) it is manifestly gauge invariant already at the Lagrangian level; (2) it is associated to a U(1) that should not gauge an R-symmetry and (3) supersymmetry is broken by (at least) a D-auxiliary expectation value and the extra bosonic part of the action is reduced in the unitary gauge to a constant FI contribution leading to a positive shift of the scalar potential, in the absence of matter fields. In the presence of matter fields, the FI contribution to the D-term acquires a special field dependence $e^{2\mathcal{K}/3}$ that violates invariance under Kähler transformations.

In a recent work [9], we studied the properties of the new FI term and explored its consequences to the class of inflation models we introduced in [4].³ We first showed that matter fields charged under the U(1) gauge symmetry can consistently be added in the presence of the new FI term, as well as a non-trivial gauge kinetic function. We then observed that the new FI term is not invariant under Kähler transformations. On the other hand, a gauged R-symmetry in ordinary Kähler invariant supergravity can always be reduced to an ordinary (non-R) U(1) by a Kähler transformation. By then going to such a frame, we find that the two FI contributions to the U(1) D-term can coexist, leading to a novel contribution to the scalar potential.

The resulting D-term scalar potential provides an alternative realisation of inflation from supersymmetry breaking, driven by a D- instead of an F-term⁴. The inflaton is still a superpartner of the goldstino which is now a gaugino within a massive vector multiplet, where again the pseudoscalar partner is absorbed by the gauge field away from the origin. For a particular choice of the inflaton charge, the scalar potential has a maximum at the origin where inflation occurs and a supersymmetric minimum at zero energy, in the limit of negligible F-term contribution (such as in the absence of superpotential). The slow roll conditions are automatically satisfied near the point where the new FI term cancels the charge of the inflaton, leading to higher than quadratic contributions due to its non trivial field dependence.

The Kähler potential can be canonical, modulo the Kähler transformation that takes it to the non R-symmetry frame. In the presence of a small superpotential, the inflation is practically unchanged and driven by the D-term, as before. The maximum is still at the origin but the minimum has a small non-vanishing positive cosmological constant, where supersymmetry is broken by both F-and D-auxiliary expectation values of the same order of magnitude. In general, the model predicts small primordial gravitational waves with a tensor-to-scaler ration r well below the observability limit. However, when higher order terms are included in the Kähler potential, r can be increased to large values $r \simeq 0.015$.

In the following, we will present the main features of these models. A brief review of the proposed single field model for inflation from supersymmetry breaking where the goldstino superpartner plays the role of the inflaton is given in Section 2. Assuming that inflation arises near

³The new FI term was also studied in [10] to remove an instability from inflation in Polonyi-Starobinsky supergravity. ⁴See [11], [12] for earlier works on D-term inflation.

the maximum of the scalar potential where R-symmetry is restored, supersymmetry breaking is driven predominantly either by an F-term or by a D-term. In Section 3, we introduce an example of the microscopic origin for the effective field theory of the inflation model described above. In Section 4, we discuss the new FI-term and analyse its consequences in the models of inflation driven by supersymmetry breaking. In Section 5, we briefly describe the coupling of the supersymmetry breaking sector to the MSSM and calculate the decay modes of the inflaton and the resulting reheating temperature. Finally, we present our conclusions in the last section.

2. Inflation from supersymmetry breaking

Let us consider D = 4, N = 1 supergravity with gauged R-symmetry [13]. The theory contains one chiral multiplet and a corresponding vector multiplet. The chiral multiplet X transforms as:

$$X \to e^{-iq\Lambda}X,\tag{1}$$

where q and Λ denote the charge of X and the gauge parameter respectively. The Kähler potential is a function of $X\bar{X}$ while we choose the linear superpotential

$$\mathcal{K} = \mathcal{K}(X\bar{X}), \quad \mathcal{W} = \kappa^{-3} f X,$$
 (2)

where f is a constant parameter. Note that X is dimensionless and the reduced Planck mass $\kappa^{-1} = 2.4 \times 10^{18}$ GeV. Without loss of generality, we choose the gauge kinetic function to be 1. The scalar potential is given by

$$\mathcal{V} = \mathcal{V}_F + \mathcal{V}_D,\tag{3}$$

where the F and D-term potential are

$$\mathcal{V}_F = e^{\kappa^2 \mathcal{K}} \left(-3\kappa^2 \mathcal{W}\bar{\mathcal{W}} + \nabla_X \mathcal{W}g^{X\bar{X}}\bar{\nabla}_{\bar{X}}\bar{\mathcal{W}} \right), \quad \mathcal{V}_D = \frac{1}{2}\mathcal{P}^2.$$
(4)

The Kähler covariant derivative is defined by

$$\nabla_X \mathcal{W} = \partial_X \mathcal{W}(z) + \kappa^2 (\partial_X \mathcal{K}) \mathcal{W}.$$
 (5)

The moment map \mathcal{P} is defined by

$$\mathcal{P} = i(k^X \partial_X \mathcal{K} - \tilde{r}). \tag{6}$$

 k^X denotes the Killing vector for X under the U(1) R-symmetry, and $\tilde{r} \equiv -\kappa^{-2}k^X W_X/W$; in the present setup, they become $k^X = -iqX$, $\tilde{r} = i\kappa^{-2}q$. As usual, subscripts stand for partial derivatives: $W_X := \partial_X W$.

We assume the inflaton starts rolling around a local maximum of the potential near the origin X = 0, where R-symmetry is preserved. Let us expand the Kähler potential up to quadratic order in $X\bar{X}$:

$$\kappa^2 \mathcal{K} = X\bar{X} + A(X\bar{X})^2 + \dots$$
(7)

With this, the F-term potential becomes

$$\kappa^{4} \mathcal{V}_{F} = f^{2} e^{X\bar{X}\left(1+AX\bar{X}\right)} \left[-3X\bar{X} + \frac{\left(1+X\bar{X}+2A(X\bar{X})^{2}\right)\right)^{2}}{1+4AX\bar{X}}\right],$$
(8)

and the D-term potential is

$$\kappa^4 \mathcal{V}_D = \frac{q^2}{2} \left[1 + X\bar{X} + 2A(X\bar{X})^2 \right]^2.$$
(9)

By making the change of field variables

$$X = \rho e^{i\theta}, \quad \bar{X} = \rho e^{-i\theta}, \quad (\rho \ge 0), \tag{10}$$

the scalar potential becomes

$$\kappa^{4} \mathcal{V} = f^{2} e^{\rho^{2} + A\rho^{4}} \left[-3\rho^{2} + \frac{\left(1 + \rho^{2} + 2A\rho^{4}\right)^{2}}{1 + 4A\rho^{2}} \right] + \frac{q^{2}}{2} \left(1 + \rho^{2} + 2A\rho^{4}\right)^{2}.$$
 (11)

Note that the phase θ get absorbed by the U(1)_R gauge field in the standard Brout-Englert-Higgs mechanism. Thus, the scalar potential is only a function of the modulus ρ .

We now indentify the field ρ as the inflaton. However, in order to calculate the slow-roll parameters, we introduce the canonically normalised field χ satisfying

$$\frac{d\chi}{d\rho} = \sqrt{2\mathcal{K}_{X\bar{X}}}.$$
(12)

The slow-roll parameters can be defined in terms of the canonical field χ as:

$$\epsilon = \frac{1}{2\kappa^2} \left(\frac{d\mathcal{V}/d\chi}{\mathcal{V}} \right)^2, \quad \eta = \frac{1}{\kappa^2} \frac{d^2\mathcal{V}/d\chi^2}{\mathcal{V}}.$$
 (13)

Since inflation arises near the maximum $\rho = 0$, we expand

$$\epsilon = 4 \left(\frac{-4A + y^2}{2 + y^2} \right)^2 \rho^2 + O(\rho^4),$$

$$\eta = 2 \left(\frac{-4A + y^2}{2 + y^2} \right) + O(\rho^2),$$
(14)

where we defined y = q/f. The above equation implies $\epsilon \simeq \eta^2 \rho^2 \ll \eta$. For simplicity, we focus on the special case $y \to 0$ where F-term contribution to the scalar potential is dominant. By considering the behaviour near the origin, we can put some constraints on the coefficient *A* of the quadratic term of the Kähler potential defined on the right-hand side of (7). We can easily show that A > 0 is required for having a local maximum of the scalar potential at $\rho = 0$. Furthermore, the slow-roll condition $|\eta| \ll 1$ sets an upper bound $A \ll 0.25$. Taking these requirements into account, the constraint on *A* is

$$0 < A \ll 0.25.$$
 (15)

We can choose $A \sim 0.005$ to obtain $\eta \sim -0.02$ which is in agreement with CMB observational data. In the following sections we introduce a microscopic model that can generate the coefficient *A* satisfying the constraint in (15).

3. Microscopic model

In this section, we introduce an example of the microscopic origin for the effective field theory of the inflation model described in the previous section. It is a "generalisation" version of the Fayet-Iliopoulos (FI) model [14]. The model has a vacuum configuration that spontaneously breaks both gauge symmetry and supersymmetry, leaving (in the decoupling limit) the goldstino as the only light degree of freedom in this sector.

3.1 The generalised Fayet-Iliopoulos model

Let us consider a supergravity model with two chiral multiplets Φ_{\pm} and one vector multiplet. As we will show shortly, this theory has a vacuum in which only Φ_{\pm} is lighter than the other degrees of freedom. After integrating out all other heavy degrees of freedom, we will obtain an effective supergravity action for Φ_{\pm} . The UV supergravity action formulated in Poincaré superspace as in [13] is given by

$$S = \frac{1}{4} \int d^4 x d^2 \theta \, \mathcal{EF}(\mathbf{\Phi}_-) W^{\alpha} W_{\alpha} + \text{h.c.}$$
$$+ \kappa^{-3} m \int d^4 x d^2 \theta \, \mathcal{E} \mathbf{\Phi}_+ \mathbf{\Phi}_- + \text{h.c.}$$
$$- 3\kappa^{-2} \int d^4 x d^4 \theta \, \mathbf{E} \, e^{-\kappa^2 \mathcal{K}_0/3 - (q_+ - q_-)V/3}. \tag{16}$$

In the following, we will mostly work in supergravity mass units $\kappa = 1$, for notational simplicity. This theory is invariant under a gauged U(1) transformation which acts only on matter superfields, which we call U(1)_m transformation. Under U(1)_m, the chiral superfields Φ_{\pm} and the vector superfield *V* transform as,⁵

$$\Phi_{\pm} \mapsto e^{\mp i q_{\pm} \Lambda} \Phi_{\pm}, \qquad V \mapsto V + i(\Lambda - \bar{\Lambda}). \tag{17}$$

where Λ is chiral. The function \mathcal{K}_0 is the U(1)_m-invariant Kähler potential,

$$\kappa^2 \mathcal{K}_0 = \bar{\mathbf{\Phi}}_+ e^{q_+ V} \mathbf{\Phi}_+ + \bar{\mathbf{\Phi}}_- e^{-q_- V} \mathbf{\Phi}_-.$$
(18)

The gaugino superfield W_{α} is defined with the super-Poincaré covariant derivatives $\mathcal{D}_{\alpha}, \bar{\mathcal{D}}_{\dot{\alpha}}$ as

$$W_{\alpha} = -\frac{1}{4}\bar{\mathcal{D}}^2 \mathcal{D}_{\alpha} V. \tag{19}$$

The gauge kinetic function $\mathcal{F}(\mathbf{\Phi}_{-})$ is given by

$$\mathcal{F}(\mathbf{\Phi}_{-}) = 1 + b \ln \mathbf{\Phi}_{-}, \qquad b = \frac{(x-1)^3 q_{-}^2}{24\pi^2}, \qquad x = q_{+}/q_{-}.$$
 (20)

The logarithmic term cancles the chiral anomaly of $U(1)_m$ through Green-Schwarz mechanism. For more details see [4] and [15].

⁵Strictly speaking, this includes a local rotation of the fermionic coordinates and the overall phase rotation because the superpotential also transforms under $U(1)_m$. Hence, $U(1)_m$ is a gauged R-transformation.

The scalar potential in the microscopic model considered in (16) is given by

$$\kappa^{4} \mathcal{V}^{\text{UV}} = \frac{1}{4} q_{-}^{2} \frac{\left(x |\varphi_{+}|^{2} - |\varphi_{-}|^{2} + x - 1 \right)^{2}}{2(1 + b \ln v)} + m^{2} e^{|\varphi_{+}|^{2} + |\varphi_{-}|^{2}} \left(|\varphi_{+}|^{2} + |\varphi_{-}|^{2} - |\varphi_{+}|^{2} |\varphi_{-}|^{2} \right), \tag{21}$$

where $\varphi_{\pm} = \Phi_{\pm}|$ is the lowest component of Φ_{\pm} . Note that the first term is the D-term contribution and x - 1 is the Fayet-Iliopoulos parameter. Below, it is natural to introduce the parameter Δ as

$$\Delta := x - 1 - v^2. \tag{22}$$

The vacuum which spontaneously breaks $U(1)_m$ and supersymmetry is of the form

$$\langle \varphi_+ \rangle = 0, \qquad \langle \varphi_- \rangle = v.$$
 (23)

Around this vacuum, the fields of V, Φ_- are heavier than those of Φ_+ , in the limit of small SUSY breaking scale. The extremisation condition with respect to φ_- reads

$$-\frac{1}{4}q_{-}^{2}v^{2}\frac{\Delta}{1+b\ln v} - \frac{1}{16}bq_{-}^{2}\left(\frac{\Delta}{1+b\ln v}\right)^{2} + m^{2}v^{2}(1+v^{2})e^{v^{2}} = 0.$$
 (24)

This provides us a constraint among the parameters Δ , v, x and q_{-} which we will use in Section 3.4.

Let us consider the approximation b = 0 where equation (24) has a unique solution

$$\Delta = \frac{4m^2}{q_-^2} (1+v^2) e^{v^2}.$$
(25)

We can easily see that Im φ_{-} plays the role of the massless R-Goldstone boson while Re φ_{-} gets a correction to its mass-squared compared to the global SUSY case $q_{-}^{2}v^{2}$ by $4m^{2}v^{2}(2+v^{2})e^{v^{2}}$. The mass-squared of φ_{+} also changes to $m^{2}(1 + x + xv^{2})e^{v^{2}}$. If this mass is much smaller than the other masses the integrating out condition is satisfied.

For $b \neq 0$ eq. (24) gives two solutions $\Delta = \Delta_{\pm}$, where

$$\Delta_{\pm} := \frac{2v^2(1+b\ln v)}{b} \left(-1 \pm \sqrt{1 + \frac{4bm^2(1+v^2)e^{v^2}}{q_-^2v^2}} \right).$$
(26)

The mass² of the vector field A_{μ} is $q_{-}^2 v^2$ and the mass matrices of φ_{\pm} are given by

$$\mathcal{V}_{\varphi_{+}^{*}\varphi_{+}^{*}}^{\mathrm{UV}}|_{\mathrm{vac}} = 0,$$
 (27)

$$\mathcal{V}_{\varphi_{+}^{*}\varphi_{+}}^{\rm UV}|_{\rm vac} = m^{2}e^{\nu^{2}} + \frac{1}{4}xq_{-}^{2}\frac{\Delta}{1+b\ln\nu},\tag{28}$$

$$\mathcal{V}_{\varphi_{-}^{*}\varphi_{-}^{*}}^{\mathrm{UV}}|_{\mathrm{vac}} = m^{2}e^{\nu^{2}}\nu^{2}(2+\nu^{2}) + \frac{1}{4}q^{2}\frac{\nu^{2}}{1+b\ln\nu} + \frac{1}{16}bq^{2}\frac{\Delta^{2}}{\nu^{2}(1+b\ln\nu)^{2}}$$

$$\frac{1}{16}p^{2}\frac{\Delta^{2}}{\nu^{2}(1+b\ln\nu)^{2}}$$

$$+\frac{1}{4}bq_{-}^{2}\frac{\Delta}{(1+b\ln v)^{2}} + \frac{1}{16}b^{2}q_{-}^{2}\frac{\Delta}{v^{2}(1+b\ln v)^{3}},$$
(29)

$$\mathcal{V}_{\varphi_{-}^{*}\varphi_{-}}^{\mathrm{UV}}|_{\mathrm{vac}} = m^{2}e^{\nu^{2}}(1+3\nu^{2}+\nu^{4}) + \frac{1}{4}q_{-}^{2}\frac{\nu^{2}}{1+b\ln\nu} - \frac{1}{4}q_{-}^{2}\frac{\Delta}{1+b\ln\nu} + \frac{1}{4}bq_{-}^{2}\frac{\Delta}{(1+b\ln\nu)^{2}} + \frac{1}{16}b^{2}q_{-}^{2}\frac{\Delta^{2}}{\nu^{2}(1+b\ln\nu)^{3}}.$$
(30)

In the following, we assume that the integrating out condition is satisfied.

3.2 Integrating out heavy fields

The UV action in conformal superspace takes exactly the same form as in the case with the super-Weyl compensators [16]:

$$S = \frac{1}{4} \int d^4 x d^2 \theta \, \mathcal{EF}(\mathbf{\Phi}_-) W^{\alpha} W_{\alpha} + \text{h.c.}$$
$$+ \kappa^{-3} m \int d^4 x d^2 \theta \, \mathcal{EC}^3 \mathbf{\Phi}_+ \mathbf{\Phi}_- + \text{h.c.}$$
$$- 3\kappa^{-2} \int d^4 x d^4 \theta \, \mathbf{EC} \overline{\mathbf{C}} e^{-\kappa^2 \mathcal{K}_0/3 - (q_+ - q_-)V/3}. \tag{31}$$

After fixing the conformal compensators as $C = \overline{C} = 1$, it becomes the action (16). Let us briefly explain the notation. In conformal superspace, there are two important classes of superfields namely chiral and primary superfield. A chiral superfield Φ is defined by

$$\bar{\nabla}_{\dot{\alpha}} \Phi = 0, \tag{32}$$

where $\bar{\nabla}_{\dot{\alpha}}$ is the superconformally covariant spinor derivative. A primary superfield Φ of charges (δ, \tilde{w}) (conformal and chiral weights) is defined by

$$\hat{D}\Phi = \delta\Phi, \qquad \hat{A}\Phi = i\tilde{w}\Phi, \qquad \hat{K}_A\Phi = 0,$$
(33)

where $\hat{D}, \hat{A}, \hat{K}_A$ are the generators for the dilatation, chiral U(1) rotation, and special conformal transformations respectively [17].⁶

We now explain the notation. For details, see [18]. An action integral with $\int d^4x d^4\theta$ in the third line of (31) is called the D-type action. In order to be invariant under gauge transformation, its integrand must be real primary of charge (0,0). On the other hand, action integrals with $\int d^4x d^2\theta$ in the first and second lines of (31) are called the F-type action. Their integrands are required to be chiral primary of charge (0,0) for gauge invariance. The determinant E of the vierbein superfield is real primary of charges (-2,0), while the chiral density \mathcal{E} is chiral primary of charges (-3,-2).

The chiral superfields Φ_{\pm} are primaries of charges (0,0). They transform under the matter U(1)_m as $\Phi_{\pm} \mapsto e^{\pm i q_{\pm} \Lambda} \Phi_{\pm}$, where Λ is chiral primary of charges (0,0). The vector superfield *V* is primary of charges (0,0). It transforms under U(1)_m as $V \mapsto V + i(\Lambda - \overline{\Lambda})$.

The compensators C, \overline{C} are chiral primaries of charges (1, 2/3), and anti-chiral primary of charges (1, -2/3), respectively. To guarantee gauge invariance, we assign U(1)_m charges to the compensators as

$$C \mapsto e^{i(q_+-q_-)\Lambda/3}C, \qquad \overline{C} \mapsto e^{-i(q_+-q_-)\Lambda/3}\overline{C}.$$
 (34)

 \mathcal{K}_0 is the gauge-invariant Kähler potential defined in (18) and W_{α} is the chiral primary gaugino superfield of charges (3/2, 1), defined here with the superconformally covariant derivatives ∇_{α} , $\bar{\nabla}_{\dot{\alpha}}$ as⁷

$$\boldsymbol{W}_{\alpha} = -\frac{1}{4}\bar{\nabla}^2 \nabla_{\alpha} \boldsymbol{V}. \tag{35}$$

⁶The local Lorentz index A in \hat{K}_A stands for the vector and the undotted and dotted spinor indices $(a, \alpha, \dot{\alpha})$. Therefore \hat{K}_A denotes the generators $(\hat{K}_a, \hat{S}_\alpha, \hat{S}^{\dot{\alpha}})$, with $\hat{S}_\alpha, \hat{S}^{\dot{\alpha}}$ the generators of the S-supersymmetry.

⁷Note that ∇_{α} has charges (1/2, -1) and $\overline{\nabla}_{\dot{\alpha}}$ has charges (1/2, 1).

Let us proceed to integrating out the heavy degrees of freedom. In the unitary gauge $\Phi_{-} = v$, the action reads

$$S = \frac{1}{4} \int d^4 x d^2 \theta \, \mathcal{E} W^{\alpha} W_{\alpha} + \text{h.c.}$$

+ $\kappa^{-3} m v \int d^4 x d^2 \theta \, \mathcal{E} C^3 \Phi_+ + \text{h.c.}$
- $3\kappa^{-2} \int d^4 x d^4 \theta \, \mathcal{E} C \overline{C} e^{-\kappa^2 \mathcal{K}/3},$ (36)

where the vector superfield V is rescaled to absorb the factor $1 + b \ln v$, and \mathcal{K} is the gauge-fixed Kähler potential,

$$\kappa^{2} \mathcal{K} = \overline{\Phi}_{+} e^{xq_{-}V} \Phi_{+} + v^{2} e^{-q_{-}V} + (x-1)q_{-}V.$$
(37)

Recall that $x = q_+/q_-$.

To integrate out V at tree level, we will solve the equation of motion of V around its vacuum where higher derivative contributions are neglected. The equation of motion of V reads

$$-\kappa^2 \nabla^\alpha W_\alpha + C\overline{C} e^{-\kappa^2 \mathcal{K}/3} q_- \left(x\overline{\Phi}_+ e^{xq_-V} \Phi_+ - v^2 e^{-q_-V} + x - 1 \right) = 0.$$
(38)

After making the shift in $\nabla^{\alpha} W_{\alpha}$ to remove the tadpole [19], and then neglecting the derivative term, we obtain the following low-energy effective equation of motion

$$C\overline{C}e^{-\kappa^2\mathcal{K}/3}q_{-}\left(x\overline{\Phi}_+e^{xq_-V}\Phi_+-v^2e^{-q_-V}+x-1\right)-q_-\Delta\simeq0.$$
(39)

We now integrate out *V* in the following way:

$$\frac{1}{4} \int d^4x d^2\theta \, \mathcal{E} W^{\alpha} W_{\alpha} + \text{h.c.} = -\frac{1}{2} \int d^4x d^4\theta \, \mathcal{E} V \nabla^{\alpha} W_{\alpha}, \tag{40}$$

and then eliminate $\nabla^{\alpha} W_{\alpha}$ by substituting the exact equation of motion (38). The first and third terms of the action (36) then become

$$\int d^{4}x d^{4}\theta E\left(-\frac{1}{2}V\nabla^{\alpha}W_{\alpha} - 3\kappa^{-2}C\overline{C}e^{-\kappa^{2}\mathcal{K}/3}\right)$$
$$= \kappa^{-2}\int d^{4}x d^{4}\theta EC\overline{C}e^{-\kappa^{2}\mathcal{K}/3}$$
$$\times \left[-\frac{1}{2}q_{-}V\left(x\overline{\Phi}_{+}e^{xq_{-}V}\Phi_{+} - v^{2}e^{-q_{-}V} + x - 1\right) - 3\right].$$
(41)

Next, we combine the (low-energy) equation of motion (39) with the second line of (41). This gives us the low-energy effective action,

$$S_{\text{eff}}[\boldsymbol{C}; \boldsymbol{\Phi}_{+}] = \kappa^{-3} m v \int d^{4} x d^{2} \theta \, \boldsymbol{\mathcal{E}} \boldsymbol{C}^{3} \boldsymbol{\Phi}_{+} + \text{h.c.} + \kappa^{-2} \int d^{4} x d^{4} \theta \, \boldsymbol{E} \Big(-\frac{1}{2} \Delta q_{-} \boldsymbol{V} - 3 \boldsymbol{C} \overline{\boldsymbol{C}} e^{-\kappa^{2} \mathcal{K}/3} \Big), \tag{42}$$

where V is understood as a function of Φ_+ , determined by the (low-energy) equation of motion (39).

	$U(1)_m$	U(1)'
Φ_+	$+q_+$	q
Φ_	$-q_{-}$	0

Table 1: The chiral multiplet Φ_+ and Φ_- are charged under $U(1)_m \times U(1)'$. Note that U(1)' plays the role of R-symmetry in the low-energy theory and does not play any role during the integrating out process.

3.3 Effective Kähler potential and superpotential

We will fix the compensators in such the way that the gauge fixing

$$\boldsymbol{C} = \overline{\boldsymbol{C}} = e^{\kappa^2 \mathcal{K}_{\text{eff}}/6} \tag{43}$$

makes the effective action (42) into the integral in the Kähler superspace characterised by the effective Kähler potential \mathcal{K}_{eff} . This is easy to be realised by

$$\kappa^2 \mathcal{K}_{\text{eff}} = \kappa^2 \mathcal{K} + 3 \ln \left(1 - \frac{1}{6} \Delta q_- V \right), \quad \kappa^3 \mathcal{W}_{\text{eff}} = m v \Phi_+, \tag{44}$$

where the second term is the supergravity modification. The gauge fixing (43) simplifies the effective equation of motion (39) into

$$\left(1 - \frac{1}{6}\Delta q_{-}V\right)\left(x\overline{\Phi}_{+}e^{xq_{-}V}\Phi_{+} - v^{2}e^{-q_{-}V} + x - 1\right) - \Delta = 0.$$
(45)

This gives us an analytic solution for $\overline{\Phi}_+ \Phi_+$ as a function of *V*,

$$\overline{\mathbf{\Phi}}_{+} \mathbf{\Phi}_{+} = x^{-1} e^{-xq_{-}V} \left(v^{2} e^{-q_{-}V} - x + 1 + \frac{\Delta}{1 - \frac{1}{6}\Delta q_{-}V} \right)$$
$$= x^{-1} e^{-xq_{-}V} \left(v^{2} e^{-q_{-}V} - v^{2} + \frac{\frac{1}{6}\Delta^{2} q_{-}V}{1 - \frac{1}{6}\Delta q_{-}V} \right).$$
(46)

Since, the low-energy effective theory obtained in the this section does not have a gauged R symmetry, we need to add another gauged R symmetry to the low-energy theory by hand. Let us denote this additional gauge by U(1)'. The simplest way to achieve this is by extending the symmetry of the UV theory from U(1)_m to U(1)_m × U(1)' and assuming that the additional U(1)' does not take part in the integrating out process and survives as the gauged R-symmetry of the low-energy theory. As we summarise in Table 1, Φ_+ transforms under U(1)_m × U(1)' with charge (q_+, q) while Φ_- is singlet under U(1)'.

In the next section, we will identify the parameter regions in which the scalar potential has a local maximum at the origin by analysing the behaviour of the effective Kähler potential near the origin.

3.4 Inflation from the effective low-energy theory

For simplicity, we absorb q_{-} into the vector multiplet. To explore the behaviour near the origin, we first assume the solution V of equation (45) can be written perturbatively in the form

$$V = V_0 + V_1 \bar{\Phi}_+ \Phi_+ + V_2 (\bar{\Phi}_+ \Phi_+)^2 + \dots$$
 (47)

Substituting this into equation (45) we can show that

$$V_{0} = 0, V_{1} = \frac{6x}{\Delta^{2} - 6v^{2}},$$

$$V_{2} = \frac{6x^{2}}{(\Delta^{2} - 6v^{2})^{3}} \left(-\Delta^{3} + 6\Delta^{2}x - 18v^{2}(2x+1)\right).$$
(48)

After substituting the perturbative solution of V in (47) into the effective Kähler potential (44), the effective Kähler potential around the local maximum can be written as

$$\kappa^2 \mathcal{K}_{\text{eff}} = v^2 + K_1 \bar{\Phi}_+ \Phi_+ + K_2 (\bar{\Phi}_+ \Phi_+)^2 + \dots, \qquad (49)$$

where the first two coefficients are

$$K_1 = \frac{\Delta^2 + 3\Delta x - 6v^2}{\Delta^2 - 6v^2},$$
(50)

$$K_{2} = -\frac{3x^{2} \left(-\Delta^{4} - 12\Delta^{3}x + 30\Delta^{2}v^{2} + 36\Delta v^{2}(2x+1) - 72v^{4}\right)}{2 \left(\Delta^{2} - 6v^{2}\right)^{3}}.$$
(51)

Then we define the canonically normalized chiral superfield Φ as

$$\mathbf{\Phi} := \sqrt{K_1} \, \mathbf{\Phi}_+. \tag{52}$$

We can absorbe the constant term v^2 in (49) by a Kähler transformation. Around the origin, the effective Kähler potential becomes

$$\kappa^2 \mathcal{K}_{\text{eff}} = \overline{\Phi} \Phi + A_2 (\overline{\Phi} \Phi)^2 + \dots, \qquad (53)$$

where the first nontrivial coefficients A_2 read

$$A_{2} = \frac{3x^{2} \left(\Delta^{4} + 12\Delta^{3}x - 30\Delta^{2}v^{2} - 36\Delta v^{2}(2x+1) + 72v^{4}\right)}{2 \left(\Delta^{2} - 6v^{2}\right) \left(\Delta^{2} + 3\Delta x - 6v^{2}\right)^{2}}.$$
(54)

3.5 The effective scalar potential and slow-roll parameters

We are now exploring the global minimum of the scalar potential and comparing our predictions for inflation with the observational data. To do these, we need the exact expression of the scalar potential which can be achieved by the following way. Using the analytic solution (46) for $\overline{\Phi}_+ \Phi_+$ as a function of V, we obtain the scalar potential as a function of c = V instead of $\varphi_+ = \Phi_+$.

Let us combine (44) with (46), the effective Kähler potential can be expressed as a function of the vector multiplet V,

$$\kappa^{2} \mathcal{K}_{\text{eff}}(V) = \frac{1}{x} \left[v^{2} (1+x) e^{-V} + \frac{\Delta}{1 - \frac{1}{6} \Delta V} - x + 1 \right] + (x-1) V + 3 \ln \left[1 - \frac{1}{6} \Delta V \right],$$
(55)

where V is a function of $\overline{\Phi}_+ \Phi_+$. The effective superpotential is

$$\kappa^3 \mathcal{W}_{\text{eff}} = m v \mathbf{\Phi}_+. \tag{56}$$

We find the effective D-term potential in terms of c given by

$$\kappa^{4} \mathcal{V}_{D} = \frac{y^{2} e^{-2c} m^{2} v^{2}}{8x^{2}} \Big[\rho v^{2} (x + 1 - xe^{c})c' - 2e^{c} x \\ - e^{c} \rho c' \frac{x\Delta(3 - c\Delta)}{6 - c\Delta} - \frac{6e^{c} \rho c' \Delta^{2}}{(6 - c\Delta)^{2}} \Big]^{2},$$
(57)

where a new parameter y := q/mv. The inflaton field ρ is defined as $\rho := (\varphi_+^* \varphi_+)^{1/2}$ and it can be written in terms of *c* with the help of (46) as

$$\rho^{2} = \frac{e^{-xc}}{x} \left[v^{2}e^{-c} - x + 1 + \frac{\Delta}{1 - \frac{1}{6}\Delta c} \right].$$
(58)

For any given value of the parameters v and x, the "physical domain" of c is defined in such a way that $\rho^2 > 0$. We also define $c' = dc/d\rho$, $c'' = d^2c/d\rho^2$ in terms of c with the help of (58) as

$$c' = \frac{2\rho x (6 - c\Delta) e^{c(x+1)}}{e^c \Delta^2 - v^2 (6 - (c + e^c - 1)\Delta) - \rho^2 x e^{c(x+1)} (6x - c\Delta x - \Delta)},$$
(59)

$$c'' = -\frac{v^{2}(6 - c\Delta + 2\Delta)(c')^{2}}{e^{c}\Delta^{2} - v^{2}(6 - (c + e^{c} - 1)\Delta) - \rho^{2}xe^{c(x+1)}(6x - c\Delta x - \Delta)} + \frac{xe^{c(x+1)}(\rho c'(\rho x c'(x(6 - c\Delta) - 2\Delta) + 4(x(6 - c\Delta) - \Delta)) + 2(6 - c\Delta))}{e^{c}\Delta^{2} - v^{2}(6 - (c + e^{c} - 1)\Delta) - \rho^{2}xe^{c(x+1)}(6x - c\Delta x - \Delta)}.$$
(60)

On the other hand, the F-term contribution to effective potential is written as

$$\kappa^{4} \mathcal{V}_{F} = m^{2} v^{2} e^{\kappa^{2} \mathcal{K}_{\text{eff}}(c)} \Big(-3\rho^{2} + \frac{4\mathcal{A}^{2}(c)}{\mathcal{B}(c)} \Big), \tag{61}$$

where the functions $\mathcal{A}(c)$ and $\mathcal{B}(c)$ are

$$\mathcal{A}(c) = 1 + \frac{\rho c'}{2x(6-c\Delta)^2} e^{-c} \Big[6e^c v^4 + e^c \xi \left(x \left(c^2 \Delta^2 - 9c\Delta + 18 \right) + 6\xi \right) + v^2 \left(-c^2 \Delta^2 + 12c\Delta - 12e^c \xi + x(6-c\Delta) \left(c\Delta + 3e^c - 6 \right) - 36 \right) \Big],$$
(62)

$$\mathcal{B}(c) = -\frac{3\Delta(\rho c'' + c')}{\rho(6 - c\Delta)} + \frac{\xi(\rho c'' + c')}{\rho} + \frac{(\rho c'' + c')\left(\frac{6\Delta^2}{(6 - c\Delta)^2} - e^{-c}v^2(x+1)\right)}{x\rho} + \frac{(c')^2}{x}\left(e^{-c}v^2(x+1) + \frac{12\Delta^3}{(6 - c\Delta)^3}\right) - \frac{3\Delta^2(c')^2}{(6 - c\Delta)^2}.$$
(63)

To define the slow-roll parameters, we introduce the canonically normalised inflaton field χ defined through $\chi' := \frac{d\chi}{d\rho} = \sqrt{2g_{\bar{\Phi}_+\Phi_+}}$. It can be written in terms of *c* as

$$\chi' = \kappa \sqrt{\left(\frac{c'}{2\rho} + \frac{c''}{2}\right) \frac{d}{dc} \mathcal{K}_{\text{eff}}(c) + \frac{(c')^2}{2\rho} \frac{d^2}{dc^2} \mathcal{K}_{\text{eff}}(c)}.$$
(64)

The slow-roll parameters ϵ and η can be written in terms of *c* as

$$\epsilon = \frac{1}{2\kappa^2} \left(\frac{d\mathcal{V}/d\chi}{\mathcal{V}} \right)^2 = \frac{1}{2\kappa^2} \left(\frac{d\mathcal{V}/dc}{\mathcal{V}} \frac{c'}{\chi'} \right)^2, \tag{65}$$
$$\eta = \frac{1}{\kappa^2} \frac{d^2\mathcal{V}/d\chi^2}{\mathcal{V}},$$

$$= \frac{1}{\kappa^2} \left(\frac{d^2 \mathcal{V}/dc^2}{\mathcal{V}} \left(\frac{c'}{\chi'} \right)^2 + \frac{d \mathcal{V}/dc}{\mathcal{V}} \frac{c''}{\chi'} - \frac{d \mathcal{V}/dc}{\mathcal{V}} \frac{d\chi'/dc}{\chi'} \left(\frac{c'}{\chi'} \right)^2 \right).$$
(66)

The number of e-folds N during inflation period can be obtained by

$$N = \int_{\chi_*}^{\chi_{\text{end}}} \frac{\mathcal{V}}{\partial_{\chi} \mathcal{V}} d\chi = \int_{\rho_*}^{\rho_{\text{end}}} \frac{\mathcal{V}}{\partial_{\rho} \mathcal{V}} (\chi')^2 d\rho = \int_{c_{\text{end}}}^{c_*} \frac{\mathcal{V}}{\partial_c \mathcal{V}} \left(\frac{\chi'}{c'}\right)^2 dc, \tag{67}$$

where $|\eta(c_{end})| = 1$ and c_* is the value of *c* at the horizon exit. In the following, we will compare our theoretical predictions to the CMB observational data. The amplitude of density fluctuations A_s , the spectral index n_s and the tensor-to-scalar ratio *r* can be written in terms of the slow-roll parameters:

$$A_s = -\frac{\kappa^4 \mathcal{V}_*}{24\pi^2 \epsilon_*},\tag{68}$$

$$n_s = 1 + 2\eta_* - 6\epsilon_* \simeq 1 + 2\eta_*, \tag{69}$$

$$r = 16\epsilon_*, \tag{70}$$

evaluated at the horizon exit. Let us consider for example

$$v = 1.86945, \quad x = 0.08435, \quad y = 4.07, \quad m = 3.77 \times 10^{-8}.$$
 (71)

As it was shown in [18], we can choose the initial condition $c_* = -0.00017$ and $c_{end} = -0.01192$ (or equivalently, by using (58), $\rho_* = 0.0225$ and $\rho_{end} = 0.1869$) to obtain N = 59.48, $n_s = 0.9597$, $r = 4.15 \times 10^{-6}$ and $A_s = 2.2 \times 10^{-9}$, which are within the 2σ -region of Planck'18 data [20].

4. Fayet-Iliopoulos (FI) D-terms in supergravity

In this section, we follow the notation in [17]. The chiral weight w' in this section is related to the chiral weight \tilde{w} of the previous section by $\tilde{w} = \frac{2}{3}w'$.

4.1 Review

In [8] (see also in [21]), a new (constant) FI term was proposed of the form $\mathcal{L}_{FI} = \xi_2 D +$ fermions, that can be coupled to supergravity without gauging the R-symmetry. It is non-singular when the *D*-auxiliary filed has a non vanishing vacuum expectation value (VEV), and the corresponding supergravity Lagrangian is:

$$\mathcal{L}_{\rm FI} = \xi_2 \left[S_0 \bar{S}_0 \frac{w^2 \bar{w}^2}{\bar{T}(w^2) T(\bar{w}^2)} (V)_D \right]_D, \tag{72}$$

where ξ_2 is a constant parameter. In the superconformal formalism, the chiral compensator field S_0 , with Weyl and chiral weights $(\delta, w') = (1, 1)$, has components $S_0 = (s_0, P_L \Omega_0, F_0)$. The vector multiplet has weights (0, 0), and its components are given by $V = (v, \zeta, \mathcal{H}, v_\mu, \lambda, D)$. We will use the Wess-Zumino gauge in which the first components $v = \zeta = \mathcal{H} = 0$. The multiplet w^2 is of weights (1, 1), and given by

$$w^2 = \frac{\bar{\lambda} P_L \lambda}{S_0^2}, \qquad \bar{w}^2 = \frac{\lambda P_R \bar{\lambda}}{\bar{S}_0^2}.$$
(73)

The components of $\bar{\lambda}P_L\lambda$ can be written as

$$\bar{\lambda}P_L\lambda = \left(\bar{\lambda}P_L\lambda \; ; \; \sqrt{2}P_L\left(-\frac{1}{2}\gamma\cdot\hat{F} + iD\right)\lambda \; ; \; 2\bar{\lambda}P_L\mathcal{D}\lambda + \hat{F}^-\cdot\hat{F}^- - D^2\right). \tag{74}$$

The corresponding kinetic terms in supergravity Lagrangian for the gauge multiplet are

$$\mathcal{L}_{\rm kin} = -\frac{1}{4} \left[\bar{\lambda} P_L \lambda \right]_F + \text{h.c.}$$
(75)

The operator $T(\bar{T})$ in (72) is defined in [22] and [23], and can be used to define a chiral (antichiral) multiplet. For example, the chiral multiplet $T(\bar{w}^2)$ has weights (2, 2). In global supersymmetry, this corresponds to the usual chiral projection operator \bar{D}^2 . Note that we will drop the notation of h.c. and implicitly assume its presence for every []_F term in the Lagrangian. Finally, the multiplet $(V)_D$ is a (2,0) linear multiplet. Its components are given by

$$(V)_D = \left(D, \mathcal{D}\lambda, 0, \mathcal{D}^b \hat{F}_{ab}, -\mathcal{D}\mathcal{D}\lambda, -\Box^C D \right).$$
(76)

The component $\mathcal{D}\lambda$ and the covariant field strength \hat{F}_{ab} are defined in eq. (17.1) of [17]. In our case, they can be written as

$$\hat{F}_{ab} = e_a^{\mu} e_b^{\nu} \left(2\partial_{[\mu} A_{\nu]} + \bar{\psi}_{[\mu} \gamma_{\nu]} \lambda \right)$$
$$\mathcal{D}_{\mu} \lambda = \left(\partial_{\mu} - \frac{3}{2} b_{\mu} + \frac{1}{4} w_{\mu}^{ab} \gamma_{ab} - \frac{3}{2} i \gamma_* \mathcal{A}_{\mu} \right) \lambda - \left(\frac{1}{4} \gamma^{ab} \hat{F}_{ab} + \frac{1}{2} i \gamma_* D \right) \psi_{\mu}.$$
(77)

Here e_a^{μ} is the vierbein, with frame indices a, b and coordinate indices μ, ν . The gauge fields w_{μ}^{ab} , b_{μ} , and \mathcal{A}_{μ} correspond to Lorentz transformations, dilatations, and T_R symmetry of the conformal algebra respectively, while ψ_{μ} denotes the gravitino. We define the conformal d'Alembertian by $\Box^C \equiv \eta^{ab} \mathcal{D}_a \mathcal{D}_b$.

Let us consider first the case of pure supergravity coupled to a U(1) gauge multiplet with the FI term in (72). The supergravity Lagrangian can be written as

$$\mathcal{L} = -3 \left[S_0 \bar{S}_0 \right]_D + \left[S_0^3 W_0 \right]_F - \frac{1}{4} \left[\bar{\lambda} P_L \lambda \right]_F + \mathcal{L}_{\text{FI}}.$$
(78)

Supersymmetry is broken via a non-vanishing VEV of the D-auxiliary component of the vector multiplet driven by the linear term in D, with the Goldstino being the U(1) gaugino. After fixing the compensator $S_0 = 1$, integrating out the auxiliary fields, and choosing the unitary gauge where the Goldstino vanishes, the Lagarangian in component form is [8]:

$$e^{-1}\mathcal{L} = \frac{1}{2} \left(R - \bar{\psi}_{\mu} \gamma^{\mu\nu\rho} D_{\nu} \psi_{\rho} + m_{3/2} \bar{\psi}_{\mu} \gamma^{\mu\nu} \psi_{\nu} \right) - \frac{1}{4} F^{\mu\nu} F_{\mu\nu} - \left(-3m_{3/2}^2 + \frac{1}{2} \xi_2^2 \right), \tag{79}$$

with a constant superpotential $m_{3/2} = W_0$. In the absence of matter, any non-vanishing value of ξ_2 uplifts the vacuum energy by a constant term $V_{FI} = \xi_2^2/2$ and supersymetry is broken. It is important to note that the FI term in eq. (72) breaks the Kähler invariance and does not require the gauging of an R-symmetry.

Let us now couple the FI-term given by eq. (72) to additional matter fields charged under the U(1). For simplicity, we focus on a single chiral multiplet X. The Lagrangian is given by

$$\mathcal{L} = -3 \left[S_0 \bar{S}_0 e^{-\frac{1}{3}K(X,\bar{X})} \right]_D + \left[S_0^3 W(X) \right]_F - \frac{1}{4} \left[f(X) \bar{\lambda} P_L \lambda \right]_F + \mathcal{L}_{\text{FI}}.$$
 (80)

Here $K(X, \overline{X})$, W(X) and f(X) are a Kähler potential, a superpotential and a gauge kinetic function respectively. The first three terms in eq. (80) are the usual supergravity Lagrangian [17]. Assuming that the multiplet X transforms under the U(1) as

$$V \to V + i\Lambda - i\Lambda,$$

$$X \to X e^{-iq\Lambda},$$
(81)

where Λ is a gauge multiplet parameter. In the case we consider, the superpotential does not transform under the gauge symmetry therefore the U(1) is not an R-symmetry. For a model with a single chiral multiplet, the superpotential must be constant

$$W(X) = F. \tag{82}$$

To ensure gauge invariance of the supergravity action, the Kähler potential must be a function of $Xe^{qV}\bar{X}$. However, for notational simplicity, in the following we drop the e^{qV} factors.

Indeed, in this case we can consistently add the FI-term \mathcal{L}_{FI} to the theory, similar to [8], and the resulting D-term potential acquires an extra term proportional to ξ_2

$$\mathcal{V}_{D} = \frac{1}{2} \operatorname{Re} \left(f(X) \right)^{-1} \left(i k_{X} \partial_{X} K + \xi_{2} e^{\frac{1}{3}K} \right)^{2},$$
(83)

where the Killing vector is $k_X = -iqX$. For a constant superpotential (82), the F-term potential reduces to

$$\mathcal{V}_F = |F|^2 e^{K(X,\bar{X})} \left(-3 + g^{X\bar{X}} \partial_X K \partial_{\bar{X}} K \right).$$
(84)

From eq. (83) it is easy to see that if the Kähler potential has a term proportional to $\xi_1 \log(X\bar{X})$, the D-term contribution to the scalar potential obtains another constant contribution. For example, if

$$K(X,\bar{X}) = X\bar{X} + \xi_1 \ln(X\bar{X}), \tag{85}$$

the D-term potential becomes

$$\mathcal{V}_D = \frac{1}{2} \operatorname{Re} \left(f(X) \right)^{-1} \left(q X \bar{X} + q \xi_1 + \xi_2 e^{\frac{1}{3}K} \right)^2.$$
(86)

The term proportional to ξ_1 is the usual FI term in a non R-symmetric Kähler frame. It can be consistently added to the model with the new FI term proportional to ξ_2 .

In the absence of the extra term, a Kähler transformation

$$K(X,\bar{X}) \to K(X,\bar{X}) + J(X) + \bar{J}(\bar{X}),$$

$$W(X) \to W(X)e^{-J(X)},$$
(87)

with $J(X) = -\xi_1 \ln X$ allows us to recast the model in the form

$$K(X, \bar{X}) = X\bar{X},$$

 $W(X) = m_{3/2}X,$ (88)

where $m_{3/2} = F$. The two models result in the same Lagrangian, at least classically⁸. However, in the Kähler frame of eqs. (88) the superpotential transforms nontrivially under the gauge symmetry. As a consequence, the gauge symmetry becomes an R-symmetry.

Note that the extra term (72) violates the Kähler invariance of the theory, and the two models related by a Kähler transformation are no longer equivalent. The model written in the Kähler frame where the gauge symmetry becomes an R-symmetry in eqs. (88) can not be consistently coupled to \mathcal{L}_{FI} . A generalized Kähler invariant FI term has been built in [24] and [25].

4.2 The scalar potential in a Non R-symmetry frame

In this section, we work in the Kähler frame where the superpotential does not transform, and take into account the two types of FI terms which were discussed in the last section. For convenience, we repeat here the Kähler potential in eq. (85) and restore the inverse reduced Planck mass $\kappa = M_{\rm Pl}^{-1} = (2.4 \times 10^{18} \,{\rm GeV})^{-1}$:

$$K = \kappa^{-2} (X\bar{X} + \xi_1 \ln X\bar{X}).$$
(89)

The superpotential and the gauge kinetic function are set to be constant ⁹:

$$W = \kappa^{-3}F, \qquad f(X) = 1.$$
 (90)

After performing a change of the field variable $X = \rho e^{i\theta}$ where $\rho \ge 0$ and setting $\xi_1 = b$, the full scalar potential $\mathcal{V} = \mathcal{V}_F + \mathcal{V}_D$ is a function of ρ . The F-term contribution to the scalar potential is given by

$$\mathcal{W}_F = \frac{1}{\kappa^4} F^2 e^{\rho^2} \rho^{2b} \left[\frac{\left(b + \rho^2\right)^2}{\rho^2} - 3 \right],\tag{91}$$

and the D-term contribution is

$$\mathcal{V}_D = \frac{q^2}{2\kappa^4} \left(b + \rho^2 + \xi \rho^{\frac{2b}{3}} e^{\frac{1}{3}\rho^2} \right)^2.$$
(92)

Note that we rescaled the second FI parameter by $\xi = \xi_2/q$. We are interested in the role of the new FI-term in inflationary models driven by supersymmetry breaking.

⁸At the quantum level, a Kähler transformation also introduces a change in the gauge kinetic function f, see for example [16].

⁹In order to cancel the chiral anomalies [4], the gauge kinetic function gets a field-dependent correction $\propto q^2 \ln \rho$. However, the correction turns out to be very small and can be neglected below, since q is chosen to be of order of 10^{-5} or smaller.



Figure 1: This plot presents the scalar potentials for F = 0 and $F \neq 0$ cases. For F = 0, we have a local maximum at $\rho_{\text{max}} = 0$ and the global minimum has zero cosmological constant. For $F \neq 0$, the origin $\rho = 0$ is still the maximum but the global minimum now has a positive cosmological constant.

For F = 0, one finds that for $\xi < -1$ and b = 3 the potential has a maximum at the origin, and a supersymmetric minimum. Since we set the superpotential to zero, the SUSY breaking is measured by the D-term order parameter, i.e. the Killing potential associated with the gauged U(1), which is given by

$$\mathcal{D} = i\kappa^{-2} \frac{-iqX}{W} \left(\frac{\partial W}{\partial X} + \kappa^2 \frac{\partial \mathcal{K}}{\partial X} W \right) + \kappa^{-2} q\xi \rho^2 e^{\rho^2/3}.$$
(93)

This enters the scalar potential as $\mathcal{V}_D = \mathcal{D}^2/2$. So, at the local maximum and during inflation \mathcal{D} is of order *q* and supersymmetry is broken. On the other hand, at the global minimum, supersymmetry is preserved and the potential vanishes. Strictly speaking, the supersymmetric minimum is not valid because the new FI term becomes singular since the D-auxiliary vanishes. Therefore a small *F* is required in any case.

For $F \neq 0$, the potential has still a local maximum at $\rho = 0$ for b = 3 and $\xi < -1$. For this choice, the derivatives of the potential have the following properties,

$$\mathcal{V}'(0) = 0, \quad \mathcal{V}''(0) = 6\kappa^{-4}q^2(\xi+1).$$
 (94)

For $\xi < -1$, the extremum is a local maximum, as desired.

Let us comment on the global minimum after turning on the F-term contribution. As long as $F^2/q^2 \ll 1$, the change in the global minimum ρ_v is very small, of order $O(F^2/q^2)$, The plot of this change is shown in Fig. 1.

Let us comment on super symmetry breaking in the present case $F \neq 0$, the order parameters are both the Killing potential \mathcal{D} and the F-term contribution \mathcal{F}_X , which read

$$\mathcal{D} \propto q[3 + \rho^2 (1 + \xi e^{\rho^2/3})], \quad \mathcal{F}_X \propto F \rho^2 (3 + \rho^2) e^{\rho^2/2}, \tag{95}$$

where the F-term order parameter \mathcal{F}_X is defined by

$$\mathcal{F}_{X} = -\frac{1}{\sqrt{2}} e^{\kappa^{2} \mathcal{K}/2} \left(\frac{\partial^{2} \mathcal{K}}{\partial X \partial \bar{X}} \right)^{-1/2} \left(\frac{\partial \bar{W}}{\partial \bar{X}} + \kappa^{2} \frac{\partial \mathcal{K}}{\partial \bar{X}} \bar{W} \right).$$
(96)

Therefore, near the local maximum, $\mathcal{F}_X/\mathcal{D} \sim \frac{F}{q}\rho^2$. On the other hand, at the global minimum, both \mathcal{D} and \mathcal{F}_X are of the same order i.e. $\mathcal{F}_X/\mathcal{D} \sim \frac{F}{q}$, assuming that ρ at the minimum is of order O(1), which is true in our models below. This makes tuning of the vacuum energy between the F-and D-contribution in principle possible, along the lines of [4] and [7].

Let us consider the case b = 0 where only the new FI parameter ξ contributes to the potential. In this case, the condition for the local maximum of the scalar potential at $\rho = 0$ can be satisfied for $-3 < \xi < 0$. In the case where F is set to zero, the scalar potential (92) has a minimum at $\rho_{\min}^2 = 3 \ln \left(-\frac{3}{\xi}\right)$. In order to have $\mathcal{V}_{\min} = 0$, we can choose $\xi = -\frac{3}{e}$. However, we find that this choice of parameter ξ does not allow slow-roll inflation near the maximum of the scalar potential. Similar to our previous models [4] it may be possible to achieve both the scalar potential satisfying slow-roll conditions and a small cosmological constant at the minimum by adding correction terms to the Kähler potential and turning on a parameter F. However, here we will focus on b = 3 case where, as we will see shortly, less parameters are required to satisfy the observational constraints.

4.3 Example for slow-roll D-term inflation

In this section we focus on the b = 3 case and assume that the scalar potential is D-term dominated by choosing F = 0. The model has only two free parameters, namely q and ξ . The first parameter controls the overall scale of the potential and it will be fixed by the amplitude A_s of the CMB data. The only free-parameter left over is the second parameter ξ . We derive the condition that leads to slow-roll inflation scenarios, where the start of inflation (or, horizon crossing) is near the maximum of the potential at $\rho = 0$.

Since we assume inflation to start near the origin $\rho = 0$, the expansion of slow-roll parameters for small ρ can be expressed as

$$\epsilon = \frac{4}{9}(\xi + 1)^2 \rho^2 + O(\rho^3),$$

$$\eta = \frac{2(1+\xi)}{3} + O(\rho^2).$$
(97)

Note also that η is negative when $\xi < -1$. We can therefore tune the parameter ξ to avoid the η -problem. The observation is that at $\xi = -1$, the effective charge of X vanishes and thus the ρ -dependence in the D-term contribution (92) becomes of quartic order.

Note that we obtain the same relation between ϵ and η as in the model of inflation from supersymmetry breaking driven by an F-term from a linear superpotential and b = 1 (see eq. (14)) [4]. Thus, there is a possibility to have flat plateau near the maximum that satisfies the slow-roll condition and at the same time a small cosmological constant at the minimum nearby.

The number of e-folds N during inflation is determined by

$$N = \kappa^2 \int_{\chi_*}^{\chi_{\text{end}}} \frac{\mathcal{V}}{\partial_{\chi} \mathcal{V}} d\chi = \kappa^2 \int_{\rho_*}^{\rho_{\text{end}}} \frac{\mathcal{V}}{\partial_{\rho} \mathcal{V}} \left(\frac{d\chi}{d\rho}\right)^2 d\rho, \tag{98}$$

where we choose $|\epsilon(\chi_{end})| = 1$. Notice that the slow-roll parameters for small ρ^2 satisfy the simple relation $\epsilon = \eta(0)^2 \rho^2 + O(\rho^4)$ by eq. (97). Therefore, the number of e-folds between $\rho = \rho_1$ and ρ_2 ($\rho_1 < \rho_2$) takes the following simple approximate form as in [4],

$$N \simeq \frac{1}{|\eta(0)|} \ln\left(\frac{\rho_2}{\rho_1}\right) = \frac{3}{2|\xi+1|} \ln\left(\frac{\rho_2}{\rho_1}\right).$$
(99)

We are now comparing the theoretical predictions of this model to the observational data via the power spectrum of scalar perturbations of the CMB such as the amplitude A_s , tilt n_s and the tensor-to-scalar ratio r. From the relation of the spectral index above, one should have $\eta_* \simeq -0.02$, and thus eq. (99) gives approximately the desired number of e-folds when the logarithm is of order one. Actually, using this formula, we can estimate the upper bound of the tensor-to-scalar ratio rand the Hubble scale H_* following the same argument given in [4]; the upper bounds are given by computing the parameters r, H_* assuming that the expansions (97) hold until the end of inflation. We then get the bound

$$r \lesssim 16(|\eta_*|\rho_{\rm end}e^{-|\eta_*|N})^2 \simeq 10^{-4}, \quad H_* \lesssim 10^{12} \,\text{GeV},$$
 (100)

where we used $\eta_* = -0.02$, $N \simeq 50 - 60$ and $\rho_{end} \lesssim 0.5$, which are consistent with our models.

4.4 A small field inflation model from supergravity with observable tensor-to-scalar ratio

Supergravity models with higher *r* are of particular interest. In this section we show that our model can get large *r* at the price of introducing some additional terms in the Kähler potential. Let us consider the previous model with additional quadratic and cubic terms in $X\bar{X}$:

$$K = \kappa^{-2} \left(X \bar{X} + A (X \bar{X})^2 + B (X \bar{X})^3 + b \ln X \bar{X} \right), \tag{101}$$

while the superpotential and the gauge kinetic function remain as in eq. (90). We assume that inflation is driven by the D-term by setting the parameter F = 0. The scalar potential in terms of the field variable ρ can be written as:

$$\mathcal{V} = q^2 \left(b + \rho^2 + 2A\rho^4 + 3B\rho^6 + \xi \rho^{\frac{2b}{3}} e^{\frac{1}{3} \left(A\rho^4 + B\rho^6 + \rho^2 \right)} \right)^2.$$
(102)

We now have two additional parameters A and B. These parameters do not affect our previous discussions on the choices of the parameter b because they appear in higher orders in ρ in the scalar potential. Therefore, we can continue with the b = 3 case. The formula (99) for the number of e-folds also holds for small ρ^2 even when A, B are not zero because the new parameters appear at order ρ^4 and higher. However these two parameters can increase the value of the tensor-to-scalar ratio r. To obtain $r \approx 0.01$, we can choose for example

$$q = 8.68 \times 10^{-6}, \quad \xi = -1.101, \quad A = 0.176, \quad B = 0.091.$$
 (103)

By choosing the initial condition $\rho_* = 0.445$ and $\rho_{end} = 1.155$, we get the results N = 58, $n_s = 0.96$, r = 0.01 and $A_s = 2.2 \times 10^{-9}$, which is in agreement with the CMB data. Note that an application of the new FI term in no-scale supergravity model for inflation can be found for example in [25] and [26].

5. Reheating after inflation by supersymmetry breaking

In this section, we couple the inflaton and supersymmetry breaking sector described above with the (supersymmetric) Standard Model (MSSM) and study the reheating after the end of inflation.

	Q	ū	\bar{d}	L	ē	\tilde{H}_u	\tilde{H}_d	ζ	λ_R	λ_1	λ_2	λ_3
$U(1)_R$	$-\frac{1}{2}$	$\frac{1}{2}$	$\frac{1}{2}$	$\frac{1}{2}$	$\frac{1}{2}$	$\frac{1}{2}$						
$U(1)_Y$	$\frac{1}{6}$	$-\frac{2}{3}$	$\frac{1}{3}$	$-\frac{1}{2}$	1	$\frac{1}{2}$	$-\frac{1}{2}$	0	0	0	0	0
$SU(2)_L$	2	1	1	2	1	2	2	1	1	1	3	1
$SU(3)_c$	3	3	3	1	1	1	1	1	1	1	1	8

Table 2: MSSM and $U(1)_R$ charges of the fermions. ζ is the inflatino, λ_R is the $U(1)_R$ gaugino, and $\lambda_{1,2,3}$ are bino, wino, and gluino, respectively. The gravitino has the same *R*-charge as λ_R .

In principle, there are two possibilities for the MSSM superpotential Ω : (1) to be neutral under the R-symmetry, in which case the full superpotential is proportional to the goldstino superfield Z and Ω is added to the goldstino decay constant; (2) to have the same R-charge as Z so that Standard Model particles are neutral while their superpartners are charged, in which case Ω is just added to the supersymmetry breaking sector superpotential. It turns out that both possibilities lead to similar results and thus we choose to perform the explicit analysis for case (1). Of course, one could have more general situations with different R-charges that can be studied by extending our analysis in a straightforward way.

The starting point is a class of models with gauged $U(1)_R$ phase symmetry, defined by Kähler potential and superpotential,

$$\mathcal{K}(Z,\overline{Z},\phi,\overline{\phi}) = \sum \phi \overline{\phi} + J(Z\overline{Z}), \qquad (104)$$

$$\mathcal{W}(Z,\phi) = [a\kappa^{-3} + \Omega(\phi)]\kappa Z, \qquad (105)$$

where Z is the inflaton/sgoldstino superfield, ϕ collectively denotes matter superfields, and J is the inflaton Kähler potential. In the superpotential, a is a dimensionless real constant, while Ω is the MSSM part,

$$\Omega = \hat{y}_u \bar{u} Q H_u - \hat{y}_d \bar{d} Q H_d - \hat{y}_e \bar{e} L H_d + \hat{\mu} H_u H_d .$$
(106)

Here $\bar{u}, \bar{d}, \bar{e}, Q, L, H_u, H_d$ are chiral superfields. As usual, we denote the corresponding SM matter fields (quarks, leptons, and Higgs fields) with the same character, while tildes will be used for their superpartners (squarks, sleptons, and Higgsinos). The un-normalized Yukawa couplings y and the μ -parameter are denoted by hats which will be removed after proper rescaling, once Z settles at the minimum.

The total gauge group of the model is,

$$SU(3)_c \times SU(2)_L \times U(1)_Y \times U(1)_R$$
. (107)

Squarks, sleptons, and Higgs scalars are neutral under $U(1)_R$, while Z carries the same R-charge as the superpotential. The R-charges of the MSSM fermions are be fixed as in Table 2.

In this class of models, the Z-dependent part of the potential drives inflation, after which Z and its auxiliary field F^Z settle at non-zero vacuum expectation values (VEVs), spontaneously breaking both supersymmetry (SUSY) and $U(1)_R$. At the vacuum, the gravitino mass and the the auxiliary

fields of Z and $U(1)_R$ are given by,

$$m_{3/2} = a \langle e^{\kappa^2 J/2} | Z | \rangle ,$$

$$\langle F^Z \rangle = -a \langle e^{\kappa^2 J/2} J^{Z\bar{Z}} (\kappa^{-2} + J_Z Z) \rangle ,$$

$$\langle \mathcal{D}_R \rangle = g \langle \kappa^{-2} + J_Z Z \rangle ,$$

(108)

where we assume that matter fields ϕ vanish at the minimum.

The Yukawa couplings \hat{y} and the parameter $\hat{\mu}$ in (106) are related to their properly normalized versions as

$$\{\hat{y}, \hat{\mu}\} = \left\langle \frac{e^{-\kappa^2 J/2}}{\kappa |Z|} \right\rangle \times \{y, \mu\} .$$
(109)

This is due to the overall factor of $e^{\mathcal{K}}$ in the *F*-term potential, as well as the coupling of Ω to *Z* as shown in Eq. (105). At the vacuum, *Z* and $J(Z, \overline{Z})$ take non-vanishing VEVs, which leads to this rescaling.

Here we would like to introduce a simple choice of J with finite number of perturbative corrections, namely,

$$J = Z\overline{Z} + \alpha \kappa^2 (Z\overline{Z})^2 + \beta \kappa^4 (Z\overline{Z})^3, \qquad (110)$$

where the parameters α and β are dimensionless. One should think of the above form as a perturbative expansion around the canonical kinetic terms with coefficients less than unity.

Let us study the vacuum and the possibility of inflation in this model by ignoring matter fields so that K = J is given by (110), and $W = \kappa^{-2}aZ$. Then the scalar potential reads,

$$\kappa^{-4}V = a^{2} \exp\left(|\kappa Z|^{2} + \alpha |\kappa Z|^{4} + \beta |\kappa Z|^{6}\right) \left\{ \frac{(1 + |\kappa Z|^{2} + 2\alpha |\kappa Z|^{4} + 3\beta |\kappa Z|^{6})^{2}}{1 + 4\alpha |\kappa Z|^{2} + 9\beta |\kappa Z|^{4}} - 3|\kappa Z|^{2} \right\} + \frac{g^{2}}{2} \left(1 + |\kappa Z|^{2} + 2\alpha |\kappa Z|^{4} + 3\beta |\kappa Z|^{6} \right)^{2}, \quad (111)$$

where we set gauge kinetic function $\mathcal{F} = 1$ for now. Note that when the gauge coupling g is turned on, the requirement of viable inflation puts an upper bound on it of around $g \sim 0.8a$ (no lower bound). Concretely, the bound avoids too small n_s . This freedom to choose g can be used to control soft scalar masses to some extent.

In our model defined by (104) and (105) (with general J) soft scalar masses are universal,

$$m_Q^2 = m_u^2 = m_d^2 = m_L^2 = m_e^2 = m_{H_u}^2 = m_{H_d}^2 = m_0^2, \qquad (112)$$

where m_0^2 is given by

$$m_0^2 = \kappa^2 \langle J_{Z\bar{Z}} F^Z \bar{F}^Z \rangle - 2m_{3/2}^2, \qquad (113)$$

and for the MSSM μ -parameter we assume $|\mu| \ll |m_0|$ to avoid extreme fine-tuning of the Higgs boson mass (since m_0 is close to the inflationary scale). From the requirement of Minkowski minimum, we have the relation,

$$\langle V \rangle = \langle J_{Z\bar{Z}} F^Z \bar{F}^Z \rangle - 3\kappa^{-2} m_{3/2}^2 + \frac{1}{2} \langle \mathcal{D}_R \rangle^2 = 0.$$
 (114)

The relation (114) allows us to rewrite m_0^2 in terms of the *D*-term contribution,

$$m_0^2 = m_{3/2}^2 - \frac{\kappa^2}{2} \langle \mathcal{D}_R \rangle^2 , \qquad (115)$$

and this leads to the requirement $m_{3/2} > \kappa \langle \mathcal{D}_R \rangle / \sqrt{2}$, in order to avoid tachyonic instabilities in the MSSM sector.

For the bilinear $H_u H_d$ coupling we have

$$e^{-1}\mathcal{L} \supset -B_0\mu H_u H_d + \text{h.c.}, \qquad (116)$$

where

$$B_0 = \frac{\kappa^2 \langle J_{Z\bar{Z}} F^Z \bar{F}^Z \rangle - m_{3/2}^2}{m_{3/2}} . \tag{117}$$

The MSSM gaugino masses are generated at one loop via the Green–Schwarz mechanism of anomaly cancellation, where the gauge anomalies due to triangle diagrams involving the fermions (all the fermions of the model carry non-zero *R*-charges) are cancelled by appropriate $U(1)_R$ transformations of the following terms depending on the imaginary part of the gauge kinetic matrix. For more details see [27].

As a concrete example we choose the following parameter values

$$\alpha = 0.139, \quad \beta = 0.6, \quad g/a = 0.7371, \quad a = 2.05 \times 10^{-7}, \quad (118)$$

which leads to the inflationary parameters

$$n_s = 0.9543$$
, $r = 1.72 \times 10^{-6}$, $H_{inf} = 3.25 \times 10^{11} \text{ GeV}$. (119)

5.1 Reheating

For the model we consider, the inflaton z can perturbatively decay into the MSSM scalars, gaugini, and inflatino since their masses are smaller than $m_z/2$. However, the inflaton mass is smaller than two times the gravitino mass, $m_z < 2m_{3/2}$, which prohibits the perturbative decay of the inflaton into gravitini [27].

Let us consider the decay channels into MSSM scalars. In the quartic interactions the dominant contribution comes from the stop part due to its Yukawa coupling $y_t = O(1)$ (other Yukawa couplings are much smaller). Therefore the relevant terms for reheating are

$$e^{-1}\mathcal{L} \supset -C_{\phi}z \sum |\phi|^2 - d_{\phi}z(y_t\bar{\tilde{t}}\tilde{Q}_3H_u + \text{h.c.}), \qquad (120)$$

where \tilde{Q}_3 is the third-generation quark doublet.

Three-point $(-\sigma z \varphi^2)$ and four-point $(-\lambda z \varphi^3)$ decay rates for scalar particles (both z and φ real) are given by [28]

$$\Gamma_{z \to \varphi \varphi} = \frac{\sigma^2}{8\pi m_z} , \quad \Gamma_{z \to \varphi \varphi \varphi} = \frac{\lambda^2 m_z}{3! 64 (2\pi)^3} , \quad (121)$$

ignoring the masses of the final-state particles (which can be justified in our case since the MSSM scalars are lighter than the inflaton roughly by a factor of ten).

After including both real degrees of freedom canonically normalized as $\phi = (\phi_1 + i\phi_2)/\sqrt{2} (z)$ is already real canonical), the total decay rate into two MSSM scalars is

$$\Gamma_{z \to \phi \phi}^{\text{tot}} = \frac{C_{\phi}^2}{16\pi m_z} \cdot 49 = 5.77 \times 10^{-3} \text{ GeV} , \qquad (122)$$

where 49 is the number of species.

The decay rate into three scalars comes from the second term of (120), which expands into three color and two weak components. In general, the product of three complex scalars plus its Hermitian conjugate reads, in terms of their real and imaginary parts, for example $A = (A_1 + iA_2)/\sqrt{2}$,

$$ABC + \text{c.c.} = \frac{1}{\sqrt{2}} (A_1 B_1 C_1 - A_1 B_2 C_2 - A_2 B_1 C_2 - A_2 B_2 C_1), \qquad (123)$$

i.e. each individual quartic interaction of (120) contains four terms. Taking all of this into account, the total decay rate of z into three MSSM scalars (six relevant species) is given by

$$\Gamma_{z \to \phi \phi \phi}^{\text{tot}} = \frac{d_{\phi}^2 y_t^2 m_z}{192(2\pi)^3} \cdot 6 = 3.04 \times 10^{-4} \text{ GeV} , \qquad (124)$$

where we take $y_t = 1$ for simplicity.

For the coupling with two fermions of the form $\frac{1}{2}C_{\lambda}z\lambda^2$ + h.c., the decay rate is given by

$$\Gamma_{z \to \lambda \lambda} = \frac{C_{\lambda}^2 m_z}{8\pi} \,. \tag{125}$$

The values of the individual decay rates into gaugini and inflatino are shown in Table **??** where it can be seen that the decay into gaugini is negligible in comparison to the decay into inflatino. The total decay rate into fermions is then

$$\Gamma_{z \to \lambda \lambda}^{\text{tot}} \approx \Gamma_{z \to \zeta \zeta} = 4.65 \times 10^{-4} \text{ GeV} .$$
 (126)

From the total decay rate

$$\Gamma_{\text{tot}} = \Gamma_{z \to \phi \phi}^{\text{tot}} + \Gamma_{z \to \phi \phi \phi}^{\text{tot}} + \Gamma_{z \to \lambda \lambda}^{\text{tot}} = 6.54 \times 10^{-3} \text{ GeV} , \qquad (127)$$

we can estimate the reheating temperature as,

$$T_{\rm reh} \simeq \sqrt{M_P \Gamma_{\rm tot}} = 1.26 \times 10^8 \,\,{\rm GeV} \,\,. \tag{128}$$

6. Conclusions

In summary, in this review we discussed the possibility that inflation is driven by supersymmetry breaking with the scalar component of the goldstino superfield playing the role of the inflaton. Imposing a gauged R-symmetry allows to satisfy easily the slow-roll conditions, leading to an interesting class of small field inflation models, characterised by an inflationary plateau around the maximum of the scalar potential near the origin, where R-symmetry is restored with the inflaton rolling down to a minimum with an infinitesimal tuneable positive vacuum energy. Inflation can be driven by either an F- or a new FI D-term. The corresponding effective field theory can be derived by a microscopic model based on a generalised Fayet-Iliopoulos model of a U(1) R-symmetry coupled to supergravity. Going to the Higgs phase in the limit of small supersymmetry breaking scale compared to the U(1) mass, the massive vector multiplet can be integrated out leading to an effective field theory for the goldstino chiral multiplet characterised by a linear superpotential and an

effective Kähler potential. By implementing the theory with an additional gauged U(1) R-symmetry that remains spectator (and unbroken) we were able to provide a microscopic model of inflation by supersymmetry breaking. The above models are in agreement with cosmological observations and in the simplest case predict a rather small tensor-to-scalar ratio of primordial perturbations.

We described the MSSM-inflaton couplings, and estimated the reheating temperature, generally $T_{\rm reh} \sim 10^8$ GeV, from perturbative decay channels of the inflaton. In our example the inflaton can decay into all the MSSM sparticles. The inflaton mass is smaller than two times the gravitino mass, which prohibits perturbative decay of the former into two gravitini. The full picture of reheating, however, requires further investigation after taking into account non-perturbative effects such as Bose condensation and possible resonant production of fermions. Finally, as explained in [27], our minimal models do not allow for thermal LSP dark matter, but superheavy LSP dark matter (e.g. neutralino) is possible depending on the parameter choice.

Acknowledgments

This work was supported in part by the "CUniverse" research promotion project by Chulalongkorn University (grant reference CUAASC).

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